



**2022-23**

**UIL BASKETBALL CCP**



# AGENDA

- UIL Information
- Sport Specific
- Coaching Reminders
- Rules & Regulations
- Miscellaneous Information



**Director of Athletics:  
Dr. Susan Elza**



**Assistant AD:  
AJ Martinez**



**Assistant AD:  
Joseph Garmon**



**Assistant AD:  
Brandy Belk**



***Athletic Staff***

# LEAGUE GOVERNANCE

- **Legislative Council** – Rule making body, 32 superintendents, all regions, all conferences represented.
- **State Executive Committee (SEC)** – 12 school administrators appointed by the Commissioner of Education.
- **Waiver Review Board** – 12 person committee, reviews decisions of the UIL Waiver Officer on appeals.
- **District Executive Committee (DEC)** – Consists of ONE voting member per school in a given UIL District.



2022-2023 FROM JUNE 2022 COUNCIL

# Changes and Amendments:

## GENERAL

- Section 1206 – School Practice and Game Restrictions- The language for off-season and summer strength and conditioning has been updated in the C&CR.
- Section 1206, School Practice and Game Restrictions – An update was made to a P.E. class and a class added to the list of courses for which there is an exception to the UIL rule that limits enrollment in physical education (PE) courses during the school day (Lifetime Recreation and Outdoor Pursuits replaces Adventure/Outdoor Education; Innovative Course: Team Sports Officiating was added).
- Section 1204(m), Flat Fee Schedule and Travel Reimbursement – Effective 2022-23, travel reimbursements for sport officials has been increased by \$5.00.
- Section 1204(m), Flat Fee Schedule and Travel Reimbursement – Effective 2023-24 a ten-year compensation plan for sports officials will begin. (fee increases every 3 years)
- Reclassification/Realignment – Allows UIL staff to place charter schools no more than one conference higher than the charter school's enrollment qualifies. (previously, was lowest enrolled school within ISD attendance boundary where charter school is located)



UPDATES FROM OCTOBER 2021 COUNCIL

# What's New...

- Water Polo – Starts August 1<sup>st</sup>
- Swim/Dive – 4A & below conference
- 1A / 2A Volleyball – alignments splitting
- TABC Showcase – one-year pilot for boys basketball (Revisit in October Council)







Athletic Staff Responsibilities

# 2022-2023 WHO DOES WHAT NOW?

Joseph Garmon

Team Tennis

Cross Country

Basketball

Soccer

Spring Tennis

Track & Field

AJ Martinez

Football

Golf

Wrestling

Water Polo

Baseball

Brandy Belk

Volleyball

Spirit

Swim & Dive

Basketball

Softball

CCP/Athletic  
Policy



# BASKETBALL

- Basketball Dates
- Coaches Reminders
- Player Ejections
- Practice Regulations
- Allowable Contests
- Scrimmage & Game Regulations
- Rescheduling Games
- **New:** Official UIL Basketball
- Coaches Checklist





2022-23

# GIRLS BASKETBALL DATES

October 19 - First day of practice

October 29 - First day for interschool scrimmages

November 4 - First day for interschool games

February 11 - District certification deadline

February 14 - Bi-district deadline

February 18 - Area deadline

February 21 - Regional quarterfinal deadline

February 24-25 - Regional tournament

**March 2-4 – UIL State Girls Basketball Tournament**



2022-23

# BOYS BASKETBALL DATES

October 26 - First day of practice

November 5 - First day for interschool scrimmages

November 11 - First day for interschool games

February 18 - District certification deadline

February 21 - Bi-district deadline

February 25 - Area deadline

February 28 - Regional quarterfinal deadline

March 3-4 - Regional tournament

**March 9-11 – UIL State Boys Basketball Tournament**

## COACHES REMINDER

# 2022-2023 COACHES REMINDERS

- **Coaches Certification Program (CCP)** – Coaches are required to have all CCP courses done by the start of their first practice or the start of school, whichever comes first.
- **Summer Regulations** – Monday-Friday, S&C plus 90 minutes of sport specific instruction, not to exceed 60 minutes in any one sport.
- **Strength & Conditioning During School Year** – Allows for 60 minutes of S&C outside the school day for sports that are in off-season. This time may be used all year. No sport specific instruction is allowed during this time.
- **Checklists** - Checklists for every sport have been created. All links are live and will take you right to the information you are looking for. Checklists are on each sports manual page.
- **Live streaming** - During the regular season, live streaming is permitted by mutual agreement of the two schools. During the postseason, the NFHS owns the rights to all games so a request form must be submitted and approved in order to be able to livestream a postseason contest.

YEARLY UPDATE

# 2022-2023 PLAYER EJECTIONS

- Player Ejection. Any player ejected from a contest is subject to an automatic penalty. The automatic penalty for such an ejection is as follows:
  - (A) Football. Ejected player misses the rest of the game in which they were ejected plus the first half of the following game.
  - (B) Other Team Sports. Ejected player misses the rest of the game in which they were ejected plus all of the following game.
  - Soccer Exception. This Section does not alter the current point penalty structure for soccer player ejections, as required by National Federation of State High School Associations soccer playing rules, that is outlined in the soccer coaches' manual.
  - Any player ejected from a contest is subject to an automatic penalty as described above. Player ejections **cannot** be overturned by a game official and/or chapter. If a coach has a question following a contest with a player ejection, the coach should contact UIL.

# PRACTICE REGULATIONS **IN-SEASON**

## School is In-Session

- **Eight Hour Rule** – Practice outside the school day, from the beginning of the school week through the end of the school week (excluding holidays), is limited to a maximum of eight hours per school week per activity
- The in-school athletic period does not count towards the allotted 8 hours
- Any time used in connection with a practice that is not part of the athletic period counts as part of the 8 hours. (Dress, video/meetings, etc.)

# PRACTICE REGULATIONS OFF-SEASON

## School is In-Session

- **Strength & Conditioning Instruction** – teams in the off-season are allowed one hour of strength & conditioning instruction outside of the school day.
  - Athletes may only attend one, 1-hour session each day, Monday-Friday.
  - No skill instruction or equipment is allowed during this hour of S&C instruction.
- **Skill Instruction** - is only allowed during the athletic period for off-season sports.



# ALLOWABLE CONTESTS

## 2022-23

- 0 Tournaments and 27 Matches or
- 1 Tournament and 25 Matches or
- 2 Tournaments and 23 Matches or
- 3 Tournaments and 21 Matches

**~ 2 games may be substituted for a tournament ~**



# SCRIMMAGE REGULATIONS

- **Saturday, October 29<sup>th</sup> – *first day allowed for scrimmages.***
- Basketball teams are limited in scrimmages to two scrimmages, on Saturday and one during the school week prior games starting.
- No scrimmages may be played after a team's first interschool game.
- ***Scrimmages may have not more than four teams scrimmaging one another at the same site.*** If more than four teams are invited to a scrimmage, each team may only scrimmage three different teams.





Games allowed per week

# **GAME REGULATIONS: BASKETBALL**

**School Week vs Calendar Week – 1 contest per school week**

## **Games Allowed per Week**

- 2 matched games or;
- 1 matched game and a tournament

## **Double header (2 varsity games, JV & V, etc.)**

- Can be played on a Tuesday but athlete cannot play again in that calendar week (M-Sa)
- If one game is played on Tuesday, a doubleheader cannot be played on Friday, only one game left for week.



# UIL CONTEST REGULATIONS

- High School – one contest per *school week*:
  - See specific sport for calendar week limits.
  - Per activity - per student
- Junior High – one contest per *calendar week*:
  - See specific sport for week limits

## DIFFERENCE BETWEEN CALENDAR AND SCHOOL WEEK:

- Calendar Week: 12:01 am Sunday to Midnight Saturday
- School Week: 12:01 on 1<sup>st</sup> instructional day of the week to close of instruction on the last instructional day of the week

# RESCHEDULING GAMES DUE TO WEATHER

- District varsity contests postponed by weather or public disaster, may be made up as an exception to the school week provided they are rescheduled and played on the next available date, other than Sunday, on which another district contest is not scheduled.
- Junior varsity, freshman and junior high teams ***may not*** play postponed matches / games as an exception to the school week.



# GAMES RESCHEDULING: EXAMPLE

- Next available date (that another district game is not scheduled)
  - Game scheduled for Friday, postponed due to icy roads
    - Next available date is Saturday
    - Cannot automatically reschedule for Monday because you don't get the exception to school week if you don't try to play on next available date.
    - If weather still exists on Saturday, can push to Monday...district administration determines this.



# **NEW:** OFFICIAL UIL BASKETBALL 2022-23 UPDATES

## **Baden Elite Perfection**

- used for regional and state tournaments.
- No other requirement to use.



**ELITE GAME BASKETBALL  
INTERMEDIATE SIZE 28.5"**

**BX6E-PRO-00**

# 2022-2023:

# UIL CHECKLISTS



## UIL Coaches Checklist Basketball 2022-23

|   | CHECKLIST   | REFERENCE  | COMPLETION DATE                        |
|---|---|--|--|
| ✓ | <b>PRE-SEASON</b>   |  |  |
|   | Register/update profile in the UIL Portal   | <a href="#">UIL Portal</a>   | Prior to 1 <sup>st</sup> Practice      |
|   | Print and review Basketball Manual  | <a href="#">Basketball Manual</a>                                  | Prior to 1 <sup>st</sup> Practice      |
|   | Update Coach name in Max Preps  | <a href="#">MaxPreps</a>   | Beginning of school year               |
|   | UIL yearly coaching requirements (CCP & TEC) (manual, p. 12)  | <a href="#">Coaching Requirements</a>                              | Prior to 1 <sup>st</sup> Practice      |
|   | Student participation required forms. Keep on file. (manual, p. 14)                                 | <a href="#">Athletic Forms</a>                                     | Prior to 1 <sup>st</sup> Practice      |
|   | Varsity participation required forms. Keep on file. (manual, p. 14)                                 | <a href="#">Athletic Forms</a>                                     | Prior to 1 <sup>st</sup> Practice      |
|   | Review rules regarding eligibility for athletic contests (manual, p. 13)                            | <a href="#">C&amp;CR Sec. 400 &amp; 403</a>                        | Prior to 1 <sup>st</sup> Practice      |
|   | Review Basketball Plan (manual, p. 10)  | <a href="#">Basketball Plan</a>                                    | Prior to 1 <sup>st</sup> Practice      |
|   | Review UIL rule changes (manual, p. 7)  | <a href="#">UIL Rule Changes</a>                                   | Prior to 1 <sup>st</sup> Practice      |
|   | Review NFHS rule change (manual, p. 9)  | <a href="#">NFHS</a>   | Prior to 1 <sup>st</sup> Practice      |
|   | Complete PAPFs and file with UIL Office<br>• Apply/Complete any necessary Waivers and file with UIL | <a href="#">PAPF Process</a><br><a href="#">Waiver Information</a> | Prior to 1 <sup>st</sup> Practice      |
|   | Submit Varsity Team Eligibility Form to district chair (UIL Portal)                                 | <a href="#">UIL Portal</a>   | Prior to 1 <sup>st</sup> Contest       |
| ✓ | <b>REGULAR SEASON</b>   |  |  |
|   | First day of practice   |  | Girls: October 19<br>Boys: October 26  |
|   | First day for interschool scrimmages  |  | Girls: October 29<br>Boys: November 5  |
|   | First day for playing interschool games   |  | Girls: November 4<br>Boys: November 11 |
|   | Update schedule and record in MaxPreps  | <a href="#">MaxPreps</a>   | Ongoing                                |
| ✓ | <b>POST-SEASON</b>  |  |  |
|   | Print and review Basketball Post Season Packet  | <a href="#">Post Season Packet</a>                                 |  |

- Checklists for every sport have been created. All links are live and will take you right to the information you are looking for.
- Will be on manual page.
- Let us know if there is more you would like to see on these checklists.





# OTHER REMINDERS



- JH/MS REGULATIONS
- SUMMER INSTRUCTION
- SCHOOL SPONSORED CAMPS
- PLAYING RULE CHANGES
- COACHES TRAINING REQUIREMENTS
- STUDENT PARTICIPATION: REQUIRED FORMS

*"I didn't know what the outcome would be but I committed to the purpose."*



# GENERAL REGULATIONS JUNIOR HIGH / MIDDLE SCHOOL

- **Scheduling**: No game, contest, scrimmage or tournament, including district competition, shall begin prior to the end of the academic school day for all participants
- **ONE** contest in a calendar week, can also play a tournament in same calendar week.
- **Length of Season**: Know the number of days to complete seasons. Days start counting on the first day of try-outs or practice, whichever is first. Section 1478.
- **No Post-District Competition**: There shall be no post-season playoffs or competition in any athletic event.

SKILL SPECIFIC and STRENGTH & CONDITIONING

# 2022-2023 SUMMER INSTRUCTION

- **Limitations:** Sessions for both strength & conditioning and sport specific skill instruction may be conducted by school coaches for students in grades 7-12 from that coaches attendance zone.
- A ***strength and conditioning session*** shall be no more than two hours per day, Monday through Friday. A student shall attend no more than one session per day.
- ***Sport specific skill instruction*** may be conducted in addition to the strength and conditioning session(s), and a student shall attend no more than 90 minutes per day of sport specific skill instruction with no more than 60 minutes per day in a given sport, Monday through Friday.
- Further details are on the UIL Athletic Homepage





# 2022-2023 SCHOOL SPONSORED CAMPS

***School Year Limitations:*** For students in *grades six and below*: two camps are allowed, per sport, during the school year.

***Summer Limitations:*** For all students with the exception of students entering their **second, third or fourth** year of high school may attend two school sponsored camps during the summer break.

- No more than six consecutive days for each camp.
- Schools cannot furnish / issue any individual player equipment
- Schools can furnish sport equipment (balls, standards, goals, football dummies, pitching machines, etc.)

# KNOW THE RULES

- Make sure you have a sport rule book ( , , ,  ).
  - Playing rules are not UIL rules, know the difference between playing rules and UIL eligibility and policy rules.
  - Make sure you have the appropriate playing rules book for your sport and know new rules each year.
- Bookmark your **SPORT MANUAL**
  - **NEW:** Starting with the 2022-23 school year manuals will be digital and can be found on the left-side menu on your sports page.
  - Information is organized in an easy-to-find manner.
- Download or bookmark the Side by Side Manual
  - Will answer questions about no-pass / no-play, eligibility and more.



**2022-23 - NFHS**

# **BASKETBALL RULE CHANGES:**

- NFHS are our playing rules, purchase a rulebook from [www.nfhs.org](http://www.nfhs.org)
- Uniform rule is NFHS Rule 3-4
- 2022-23 Rule changes on following slides...



**2022-23 - NFHS**

# **BASKETBALL RULE CHANGES:**

- **3-5-4d:** Allows hair adornments provided they are securely fastened close to the head and do not present an increased risk to the player, teammates, or opponents.
- **Rationale:** Creates inclusivity of hair styles while maintaining that the risk of injury to the athlete, teammates and opponents should not be compromised.





**2022-23 - NFHS**

# **BASKETBALL RULE CHANGES:**

## **2022-23 Basketball Major Editorial Changes**

- Shot Clock – State Association Adoption Guidelines

## **2022-23 Basketball Editorial Changes**

- 4-19-4, 4-22, 4-28-2, 6-4-3f

## **2022-23 Basketball Points of Emphasis**

- 1. Sportsmanship
- 2. Reducing Illegal Contact – Hand Checks, Post Play, Off-Ball Play
- 3. Pregame Meeting – Addressing Illegal Uniforms, Equipment and Apparel



# COACHES EDUCATION AND TRAINING REQUIREMENTS STATE LAW

- CPR and First Aid Training – must have a current certification filed with the district
- AED Training – must have a current certification filed with the district
- Safety Training – training provided by UIL (CCP) program, and must be completed prior to any contact with students
- Concussion Training – training must be completed annually (2 hours every other year/1 hour annually)



# COACHES EDUCATION AND TRAINING: REQUIREMENTS

- UIL Professional Acknowledgement Form– On file with the district (C&CR 1202(j))
- Coaches Certification Program (CCP)– online / in-person training (C&CR 1208(i))
  - Constitution & Contest Rules
  - Ethics
  - UIL Steroid Education
  - Safety Training (state law)
  - Concussion Training (state law)
  - Sport Specific Training – each sport has a separate module
  - Football Coaches ONLY – Best Practices in Tackling certification
  - First Year Coaches ONLY - Fundamentals of Coaching in Texas (C&CR 1202 (L))
  - Safety/Risk Minimization for Cheerleading Coaches – local district determines the provider for training, and training must be completed prior to any student contact

# STUDENT PARTICIPATION: REQUIRED FORMS

- Pre Participation Physical Examination Form
- Medical History Form
- Rules Acknowledgment Form
- Parent or Guardian Permit
- Parent/Student Anabolic Steroid Use and Random Steroid Testing Form
- Concussion Acknowledgement Form
- Sudden Cardiac Arrest Awareness Form

# **UIL ELIGIBILITY**

# ELIGIBILITY: 1<sup>st</sup> Six Weeks Of School Year

- Grades nine and below - promoted
- Second Year of High School – five accumulated credits
- Third Year of High School - ten accumulated credits or five credits within the last twelve months
- Fourth Year of High School - fifteen accumulated credits or five credits within the last twelve months



# ELIGIBILITY: **Sub-varsity & Junior High**

An individual is eligible to participate if they are...

## Sub-Varsity Eligibility

- Full time student
- Academically eligible

## Junior High Eligibility

- Full time student
- Academically eligible
- Age appropriate for JH athletic competition



# ELIGIBILITY: VARSITY ATHLETICS

- Meets all requirements of Section 400 & 403
- Is an amateur
- Meets Parent Residence Rule
- Meets the Age Rule
- Has not changed schools for athletic purposes
- Previous Athletic Participation Form



# ELIGIBILITY: **PAPF** (Previous Athletic Participation Form)

- *Required for All NEW students in grades 9-12 who have:*
- **Required** if a student practiced or participated with a former school in grades 8-12 in any UIL athletic activity.
- **New school must verify that the student meets the parent residence rule.**
- **District Executive Committee** must determine that student did not move for athletic purposes and approve PAPF before a student is eligible to participate at the varsity level at the new school
- Submitted to the UIL office.

***\*\*A PAPF does not have to be 'filed' in the UIL office before a student can participate, it only needs approval from the DEC.\*\****



# **UIL CONTACTS**



## **UIL Director of Athletics**

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*Athletics Staff Contacts*